- Provider network
- Chair, Non-Executive Director and Lay Member network
- Commissioning network
- System finance network
- Mental health network





In partnership with



## Workplace wellbeing in the NHS

## 7 October, Online

Years 2020 – 21 have been enormously challenging for the entire NHS workforce, both physically and mentally. This forum will be far reaching across all the HFMA Hub networks with a unifying theme of improving workplace wellbeing for all. We're really pleased to announce that we will be working in collaboration with NHS Future Focused Finance on this joint event, to coincide with the launch of their wellbeing champions programme this Autumn.

This event will bring together leaders in workforce policy as well as a selection of NHS case studies identifying areas of good practice in areas such as health & fitness, diversity & inclusion as well as mindfulness and building resilience.

Delegates will be encouraged to interact with each other through Q&A and discussions and will be given the opportunity to network with their colleagues and peers. This event is aimed at all finance staff with an interest in workplace wellbeing.

## **Provisional Programme**

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09:30	Redistration	and networking

10:00 Chair's welcome

Lei Wei, Chief Finance Officer, Surrey and Borders Partnership NHS Foundation Trust

10:05 Shining a light on the importance of staff wellbeing

Danny Mortimer, Chief Executive and Jen Gardner, Assistant Director – Health &

Wellbeing, NHS Employers

11:00 Break and networking

11:30	Promoting health and wellbeing in the NHS:	
	<ol> <li>Health and wellbeing champion         Lyn Tallentire, Deputy Director Finance, NHS Midlands and Lancashire         Commissioning Support Unit</li> </ol>	
	2. Fitness at work  Julie Davis, Royal Wolverhampton NHS FT	
	3. Health and Well-being – looking after ourselves Sara Braidwood, Warrington and Halton teaching hospitals NHS FT	
12:30	Lunch and networking	
13:30	Equality, Diversity & Inclusion in the NHS  Laura Mills, Director of Operational Finance and Carol Cooper, Senior Finance Manager  Specialised Commissioning, NHS England & Improvement (Midlands)	
14:20	Break and networking	
14:40	Hybrid and flexible working Mark Songhurst, and HR colleague, Leeds Teaching Hospitals NHS Trust (invited)	
15:20	Break and networking	
15:30	A view from the centre Speakers TBC, People Directorate, NHS England and Improvement (invited)	
16:15	Chair's closing comments	
16:20	Event close	